

Hi everybody, friends, family, neighbours and fellow countrymen (and apologies to Shakespeare)!

I did send this in email form to everyone I could think of but all those with a gmail or google email provider were all returned back to me saying that the content was suspicious and misinformation! So I have gone 'old school' and posting them with a stamp!

This information is important to us all whether we are inoculated or not, because it is now obvious that the inoculation does not stop us catching this flu or whatever illness this is. Treatment at home seems not forthcoming (HDQ and Ivermectin both work well [and also as a preventative]), but why wait to see if your immune system can deal with it or if you deteriorate enough to qualify for hospital treatment? Hopefully you have all been doing the recommended Vit D & C, Quercetin, & Zink routine or at least have them handy, the following suggestions are additional to these.

Unfortunately the links will not be clickable in this format so you will have to type them in, also because some of this information is considered by some to be misinformation the links do not always stay up for long, so you may have to use the search boxes on one of the following alternative platforms to you-tube to enter names and/or topics and search yourself. Where the original is a super-long link I will also add a "bit.ly" shortened version to make easier.

If you, or friends or family you are trying to enlighten, are using google as a search engine probably all that will be found will be conflicting information from those 'experts' likely to have a hidden conflict of interests So consider using something like <https://duckduckgo.com/>.

There are now many other options to youtube where information is much more easily available i.e:-

<https://www.brighteon.com/> <https://brandnewtube.com/> <https://rumble.com/>
<https://www.bitchute.com/> <https://ugetube.com/> ~ just use the search box as normal.

[Listen Live | talkRADIO](#) especially Julia Hartley Brewer for feisty debate at 6.30am to 10am weekdays, please note they are owned by Murdoch which limits any controversial stance. But still interesting.

and <https://www.ukcolumn.org/> for national news that has not been sanitised, also informative video's.

<https://thelightpaper.co.uk/> truthpaper and a very new community/newspaper <https://bit.ly/2TIhO8K>

COVID REMEDIES ~ Dandelion AKA Taraxacum officinale

<https://www.naturalnews.com/2021-06-28-dandelion-leaf-extract-blocks-spike-proteins-binding-to-ace2-receptor.html> or <https://bit.ly/3BXbvQ1>

I searched the original research for "dose" (which is of the dried leaf) ~ here is the relevant bit:-

"So our findings on *T. officinale* extracts could here be important, as with progression of the pandemic, new virus variants of potential concern will emerge which may also reduce the efficacy of some vaccines or cause increased rates of reinfections. As mentioned above, an issue in the development of products as prophylaxis for SARS-CoV-2 infection or for slowing the systemic virus spread, is the selectivity towards virus intrusion with low toxicity needed for the host. For current medical indications, no case of overdose by *T. officinale* has been reported ([11](#), [13](#), [16](#)). **The recommended dosage is 4–10 g (about 20-30 mg per ml hot water)** up to 3 times per day (Commission E and ESCOP)."

I still don't understand their measurements, mines going in a mug..... and the dose seems a lot too, I've started off with a smaller amount in case it doesn't agree with me though i cant think that its stronger than **Artemisia** which is also cv and a malaria anti viral. So add a sprinkle of common sense. If anyone can work out their recommended dosage please let me know!

In that document they also tested **Pomegranate Peel** and found it to be very effective too, I imagine you would boil it up like the grapefruit peel and pith mentioned further down. Unless you know better!?

And **Pine Needle Tea**, (very nice) which does the same as Dandelion Leaf, (blocks the Ace 2 receptor which means the virus cant enter our cells), preferably the 2, 3 and 5 bunch needle types, other needle types probably ok as long as you're sure they're pine and **NOT yew** ☹️!! Some sources say fir and spruce and cedar are ok too, but do your own research.

Fennel Seed Tea, (again blocks the Ace 2 receptor) but is not quite as strong as pine.

Star Anise is even stronger <https://explore.globalhealing.com/star-anise/> and was the original inspiration for Tamiflu, but is expensive and doesn't grow in this country. I will be planting lots of fennel but it will not seed in its first year.

<https://thetruthaboutvaccines.com/pine-needle-tea/>

Ivermectin is the other known cure, i ordered mine in the form of Horse Wormer from **Hyperdrug** for about £4.50 per syringe, this contains 7 human man-sized doses, the plunger is marked off in sevens with notches so you can worm different sized ponies/horses. You only use ONE dose/notch (1/7th) once a week for prevention, you may have to work out the dosage if you are less than average weight. Mine was trade-named **Nexmectin** i chose it because it was cheap and basic and only had one other ingredient which was probably to do with the texture. Not all wormers are ivermectin based so check the small print if its a bit vague. Remember to have your horse details handy! And save them for next time as they will get older ☺️. You should worm your horse every three months.

UPDATE – Human grade now available in the UK as Stromectol and Verpin from

<https://www.unitedpharmacies-uk.md/Stromectol-Ivermectin-3mg-4-Tablets-p-730.html>

<https://covid19criticalcare.com/wp-content/uploads/2021/06/FLCCC-I-MASS-Protocol.pdf> or

<https://bit.ly/3ibwFC0> ~ this is instructions for using **Ivermectin**, with further info and links.

Artemisia (aka Mugwort) is also effective against cv , its likely got the same constituents as Hydroxychloroquine as it has been used by the local people against malaria for forever, there have been successful tests but TPTB dont want to use it because its not been tested 'properly'.....☹️ they dont seem to be bothered about that with the vax though!!! It must be good as its getting putdown, trashed and ignored in the MSM at the moment.

<https://www.news-medical.net/news/20210111/Extract-of-medicinal-plant-Artemisia-annua-interferes-with-replication-of-SARS-CoV-2-in-vitro.aspx> or <https://bit.ly/2Vn0vKJ>

I hope you may know some people who will be open minded enough to find this information useful, sorry about all the links but some will think you believe this because you are ignorant and you may need to prove otherwise. Some are totally closed and that is up to them. **Please keep your immune system very well topped up for the winter. My concern for all of you is because all the tests ever done on other SARs viruses and inoculations, after seeming to be very successful, turned out very badly for all the animals when they met the original virus in the wild.** There are very many highly qualified doctors and scientists who are very very concerned that this is what will happen to inoculated people within the next few years. A good way to get up to date would be to watch the following symposium and follow the doctors and experts here <https://doctors4covidethics.org/symposium/> and on their own sites.

and this ~ <https://pubmed.ncbi.nlm.nih.gov/22536382/> is the original SARs animal experiments that causes the experts concerns about the potential effects of the Genetically Modified Jab.

<https://www.brighteon.com/bbbefc1d-bbff-4d70-8a12-81611acfe345> or <https://bit.ly/3xfhfkD>

and the above is a very informative video by Dr.Christiane Northrup who is a gynie surgeon peditrician, she mentions the **DIY Citrus Hydroxychloroquine** about a 1/3 of the way through, and also shares a lot of info on fertility and womans issues after the vax.

Like **Quercetin, Quinine** and **Hydroxychloroquine (HDQ)** and [Epigallocatechin-gallate (**EGCG**) ~ which is **Green Tea**], **all transport Zink** into our cells and it is **Zink** which attacks the 'virus'. Tests which discredited **HDQ** did not include the **zink!** A gun with no bullets isn't much good ☹!!!

<https://www.aestheticsadvisor.com/2021/02/hydroxychloroquine-and-zinc-zelenko.html>

or <https://bit.ly/3lqMhUv>

There seems to be a few different **diy HDQ** recipes around but basically brew the (organic if possible) peels (include the pith) in water for several hours, of primarily grapefruit and lemon, some people add lime and/or orange peels as well. A crock pot with a glass or ceramic lid is ideal, **important ~ allow to cool** before lifting lid so that the essential oils stay absorbed into the citrus oils. Separate the liquid and take ? ?spoonfuls (depends on strength of your brew i suppose ~ you will have to dust off your initiative). Some people have also made use of the squeezed out peels adding things like turmeric, cinnamon and ginger! I've no idea what they did with it..... ☺

Human grade ivermectin and hydroxychloroquine tablets can be ordered from online overseas pharmacists but the prices and postage are prohibitive and possibly due for import duty? If you have family or friends in the US the American Frontline Doctors give a telescript for a fee and arrange for your tablets to go to your local pharmacy. <https://americasfrontlinedoctors.org/> No doctors will recommend using veterinary products, though apparently in 3rd world countries this is common-place. In countries where malaria is common HDQ is available over the counter, if you have friends in these countries it could be worth asking. Or just boil up your grapefruit peels!

Careful reading will reveal there are two different routes of prevention, one blocks the ace 2 receptor and stops cv getting into our cells to replicate, and the other route is using one of the couriers to transport zink into our cells to deal where it also stops it replicating. Having a couple of each in your personal apothecary seems like a good idea. If you are taking **Zink**, the **Acetate** version is said to be more easily used by the body.

If none of the above suggestions are for you check out **Olive Leaf Tincture, Elderberry Syrup or Bromelain with NAC. (N-Acetyl Cysteine) and Green Tea (EGCG).**

UPDATE - ADDITIONAL INFO - RECENT DISCOVERIES

A Spanish team of medical scientists have obtained genuine 'vax' phials and after testing have confirmed that they contain a large quantity of **graphene**, this is toxic to the human body and gives us symptoms the same as covid!!! It also becomes magnetic when stimulated by ?electrical fields? which explains the magnets sticking to arms phenomena. This team are called **La Quinta Columna** the first video of the link below is one of theirs, but also search for their name as they are constantly updating as they gain knowledge to share and of solutions, of which **Glutathione and NAC (N-Acetyl Cysteine)** are two. They are common supplements still available on ebay at the moment.

<https://www.bitchute.com/video/HTZWm3DpQyvK/> or <https://bit.ly/3j4BxIr>

and <https://bit.ly/2VoXH00> ~ whistle-blower interview ~ is important too.